

Volunteering at NOVA Montreal



More than a century of in-home respite & care in the community

NOVA MONTRÉAL is a community-based, non-profit, charitable organization that offers in-home health care services in the Montreal community since 1898. We specialize in nursing and respite services to chronically ill children, seniors with a loss of autonomy, terminally ill patients and their caregivers.

SERVICE AREA:

Our services are offered in the territory bordered by St. Denis Street to the East; 32nd Avenue, Lachine to the West; Metropolitan Boulevard in the North and the St. Lawrence River to the South.

About NOVA MONTRÉAL



Volunteer roles at NOVA MONTRÉAL

OUR CHILDREN'S RESPITE PROGRAM

provides respite for parents of chronically ill children with either a physical and/or intellectual disability (0-6 years old), such as neurodegenerative disorders, muscular dystrophy, broncopulmonary dysplasia, autism, etc.

VOLUNTEER ROLE:

- Schedule weekly home visits with our clients
- Animate activities and actively engage the child in play and stimulating activities, while providing respite for the caregiver

note: parents of children are not to leave their residence while the NOVA volunteer is present



Volunteer roles at NOVA MONTRÉAL

OUR HOME SUPPORT / PALLIATIVE CARE PROGRAM

provides respite to caregivers of individuals with a loss of physical and/or cognitive autonomy such as Alzheimer, Multiple Sclerosis, strokes, cancer and frail health, while offering basic emotional and psychosocial support to the patient.

VOLUNTEER ROLE:

- Schedule regular client visits
- Offer company through activities (i.e. card/board games), perform simple tasks around the house in the absence of the caregiver, and accompany them for a walk (depending on the client's stability)*



GENERAL REQUIREMENTS for volunteers

- Minimum of 2 hours per week, for a minimum of 6 months duration
- Attend an orientation session, plus training sessions (# of hours dependent on program chosen) in addition to peer support group meetings scheduled as necessary.
- Submit monthly Activity Reports to the Volunteer Coordinator
- Submit two satisfactory references (professional and/or academic)
- Conform to a Criminal Record check (free of charge)

EXEMPTIONS (LIST NOT EXHAUSTIVE)

- Volunteers are not expected to provide direct patient care
- Volunteers are not expected to clean or cook
- Volunteers are not expected to transport the client to their appointments, but may accompany them by public transportation or as a passenger*

*note: upon approval of the Volunteer Coordinator and NOVA nurse

STEPS to become a volunteer

- 1 Fill in the Volunteer Application form at www.novamontreal.com
- 2 After receiving your application, the Volunteer Coordinator will contact you to schedule an interview

FOR MORE INFORMATION
about our Volunteer Program, please
contact Claudia Cavallaro,
Volunteer Coordinator at
claudia.cavallaro@novamontreal.com



ADDRESS

Nova Montréal
310 Victoria, suite 403
Westmount, Quebec H3Z 2M9



TEL

(514) 866-6801

FAX

(514) 866-4902



EMAIL info@novamontreal.com



WEBSITE www.novamontreal.com